

## Meet the New Managing Editor: Rachel Trigg

With the retirement of Pamela Day as Managing Editor after nearly 43 years, Rachel Trigg will assume those responsibilities beginning in 2023. Rachel has been with AsMA for 20 years, working her way up from Editorial Assistant back in 2003 to Managing Editor.

A native of New York, Rachel earned a B.A. from Friends World College in Lloyd Harbor, NY. During that time, she traveled to the United



Kingdom, where she spent 2 years as part of the program to earn her degree and wrote a thesis on folk tales and folk songs. While there, she also volunteered with a home for retired veterans, where she learned a lot of local history which became part of her thesis. Additionally, she volunteered with an environmental group who took weekend excursions to national parks to clean up and restore trails. After returning to New York, she spent a year studying Library Science, but due to cutbacks, the program was cancelled. She then worked as a temporary writer/editor for the

Federal Emergency Management Agency (FEMA) after the no-name nor'easter in 1992 that destroyed hundreds of homes on eastern Long Island, snapped underwater cables, and created a new inlet. She was kept on for the first World Trade Center bombing in 1993 when the same FEMA crew moved to New York City.

Rachel went on to earn a certificate as a Publications Specialist at George Washington University. She was a freelancer for the Alexandria Gazette-Packet for 5 years, writing restaurant and theater reviews along with producing the weekly calendar, proofreading, and doing layout, before becoming a Proofreading Supervisor at Direct Press Modern Lithograph. She became an Editorial Assistant at the Aerospace Medical Association's (AsMA's) journal in 2003, editing and proofreading articles for the journal. She worked her way up to Assistant to the Managing Editor and then Assistant Managing Editor. Along the way, she took on further duties such as editing AsMA's website, producing the monthly newsletter, and assisting with subscriptions.

Rachel was a volunteer coordinator at a local church in Alexandria for years and also helped another group put together meals to serve to the unhoused in Washington, DC. She enjoys embroidery, knitting, and crocheting. She is also interested in cooking and graduated from Stratford University with a diploma in the culinary arts. She enjoys cooking videos and has a large collection of cookbooks, including regional church collections, international cuisines, and historical recipes.

## Bates is 2022-2024 IAMFSP President

Col. Christopher W. Bates, B.S., M.D., is the 2022–2024 President of the International Association of Military Flight Surgeon Pilots (IAMFSP). He is currently the sole tanker Pilot-Physician for the USAF and is actively engaged in human system integration issues for the KC-46. As a KC-46 instructor-pilot he works with 22d Operations Group in the execution of KC-46 Initial Operational Test and Evaluation and training of KC-46 aircrew. Prior to this assignment Col. Bates was the Commander of the 22d Operational Medical Readiness Squadron, 22nd Medical Group, 22nd Air Refueling Wing, McConnell AFB, KS.



Col. Bates was commissioned through the U.S. Air Force Academy in 2001 and earned his Doctor of Medicine in 2005 from

Uniformed Services University of the Health Sciences (USUHS). He then served an Internal Medicine internship at San Antonio Uniformed Services Health Education Consortium (SAUSHEC), San Antonio, TX, in 2006 and graduated from the Aerospace Medicine Primary Course at Brooks City-Base. He served an Emergency Medicine residency at SAUSHEC in 2011 and graduated from undergraduate pilot training at Vance AFB, Vance, OK, in 2015. He attended Air War College at Maxwell AFB, AL, by correspondence in 2021.

Col. Bates is a Pilot-Physician with over 2000 pilot flight hours in the

T-6, T-1, KC-135, and KC-46. He has deployed as a pilot, flight surgeon, and critical care air transport team (CCATT) physician in support of Operation Enduring Freedom and Operation Iraqi Freedom. He is also a board certified emergency medicine physician and a Fellow of the American College of Emergency Physicians.

## 1st International Conference in Aerospace Medicine (ICAM), Paris, France

The 1st International Conference in Aerospace Medicine (ICAM) was held September 22 – 24, 2022 at the City of Science and Industry in Paris, France. This was the first scientific meeting organized by four of the largest Aerospace Medicine organizations in the world: the International Academy of Aviation and Space Medicine (IAASM), the European Society of Aerospace Medicine (ESAM), the Société Francophone de Médecine Aéronautique et Spatiale (SOFRAMAS), and the Aerospace Medical Association (AsMA). This collaboration began organizing the ICAM in 2019 and the conference was originally scheduled for September 2020 in Paris, France. However, the COVID-19 pandemic required the conference to be delayed to September 2021. The ICAM Organizing Committee, led by Dr. Vincent Feuillie and Dr. Brigitte Guidez of SOFRAMS, continued to meet and develop a scientific program but realized in early 2021 that the COVID-19 pandemic would not allow for adequate international travel in September 2021 so the ICAM was again postponed to September 2022.

Aerospace Medicine professionals from around the world traveled to Paris, France in September 2022 to participate in the 1st ICAM. A total of 845 registrants from 78 countries! A truly international audience.

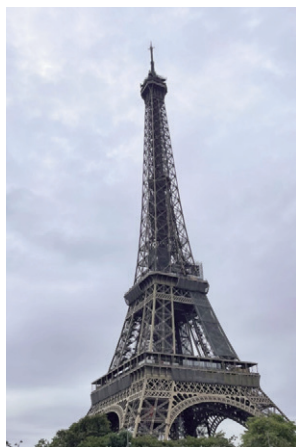
A strong scientific program was developed by Dr. Olivier Manen of SOFRAMS and Dr. John Crowley of the IAASM. The 2022 IAASM



City of Science and Industry, Paris, France. (<https://www.tourby-transit.com/paris/things-to-do/cite-des-sciences-et-de-industrie-la-ville>).



Cercle National des Armées, Paris, France (from <https://structurae.net/en/structures/cercle-national-des-armees>).



**The Eiffel Tower, Paris, France.**

Photo by Jeff Sventek.

presentations that most interested them. This pattern of plenary sessions and parallel scientific sessions was followed on each of the three meeting days.

Accompanying Persons were offered several sight-seeing opportunities during the ICAM. Paris has so much to offer everyone and the sight-seeing opportunities offered by SOFRAMAS were in parts of Paris not normally considered by tourists. Special thanks to Dr. Patricia Maruani of SOFRAMAS for organizing the Accompanying Persons sight-seeing program. Accompanying Persons were offered tours of:

- Musée des Arts Forains (Fairground Museum)
- Musée Marmottan Monet (Marmottan Monet Museum)
- Musée du Parfum-Fragonard (Fragonard Museum of Perfume)
- Musée Carnavalet (Carnavalet History of Paris Museum)

Social events were also a big success during the ICAM 2022. A wonderful Welcome Reception was offered to all registrants and accompanying persons on the evening of Thursday, September 22. This event was held at the City of Science and Industry and offered all in attendance the opportunity to reconnect with old friends and make new friends. Academicians of the IAASM were offered the opportunity to participate in the Academician's Dinner on Friday evening, September 23. The Academician's Dinner was held at the Cercle National des Armées in Paris. The Cercle National des Armées is housed in a palace of neo-classical inspiration completed in 1927 on the plans of the architect of national monuments Charles Lemauresque and built on the site of part of the Pépinière barracks. The House of Officers of the Cercle National des Armées welcomes active, retired or reserve officers, civil servants of category A or assimilated from the Ministry of the Armed Forces, as well as holders of the Legion of Honor, auditors and former auditors from the Institute for Advanced National Defense Studies or the Center for Advanced Armament Studies, as well as their families and guests. This building was dedicated in 1954 to the memory of Marshal Joffre. Finally, the ICAM Gala Dinner was attended by a large number of registrants and accompanying persons on Saturday evening, September 24. The Gala Dinner was held in the City of Science and Industry and allowed the attendees one last opportunity to socialize at the end of the ICAM.

Paris was the perfect city to host this 1st ICAM with its rich aviation history, beautiful architecture, and rich culture. Many thanks go to our SOFRAMAS colleagues for organizing the ICAM and making it so enjoyable for all in attendance. Plans for a 2nd ICAM are underway and information will be made available as soon as those plans firm up. We hope to see many of you at the next ICAM.

### Hudson Receives Kidera Award

Martin Hudson, M.B.B.S., MRCP (UK), FRCP Edin., was presented with the George J. Kidera Award from the International Airline Medical Association (IAMA) at the International Conference on Aerospace Medicine (ICAM) in Paris in September. The award is given annually in recognition of outstanding achievement in the field of Aviation Medicine.

Dr. Hudson served his residency at St. Bartholomew's Hospital, London, in 1965. After obtaining a Private Pilot's License, he joined the

Andre Allard Lecture kicked off the ICAM scientific program. Mr. Luc Tytgat, the Director of the Strategy and Safety Management Directorate for the European Union Aviation Safety Agency spoke about aviation safety. The Andre Allard Lecture was followed by the 2022 John Ernsting Panel. This panel was also sponsored by the IAASM and was co-chaired by AsMA President, Dr. Susan Northrup, and the International Airline Medical Association (IAMA) President, Dr. Elizabeth Wilkinson. The panel was dedicated to "COVID-19 Aerospace Medicine Risk Mitigation, Controversies and Lessons Learned." Following these plenary sessions, three scientific sessions were offered in parallel. Participants were encouraged to attend the session that offered scientific



**KIDERA AWARD—Dr. Martin Hudson, recipient of the 2022 IAMA George J. Kidera Award, which was presented to him at ICAM 22 by Dr. Elizabeth Wilkinson, President of IAMA, and Dr. Brinio Veldhuijzen van Zanten from the IAMA Awards committee.**

Medical Branch of the Royal Air Force and became a member of the Royal College of Physicians in 1971. From 1972 to 1999 he was in General Practice and in 1977 became a UK CAA Authorized Aviation Medical Examiner. He was awarded the Fellowship of the Royal College of Physicians of Edinburgh in 1998 in recognition of his research and teaching in the field of hypertension.

In 1999, he set up an Aviation Medicine Consultancy as an approved Aviation Medical Examiner for the European Aviation Safety Agency (EASA), UK Civil Aviation Authority (UK CAA), USA Federal Aviation Administration (FAA), Transport Canada (TC) and the Civil Aviation Safety Authority of Australia (CASA). He was appointed as the Consultant Aviation Medicine Adviser to Thomas Cook Airlines (UK) in 2000 and continued in this role until October 2017.

Dr. Hudson was a Vice-President of the UK Association of Aviation Medical Examiners, having served for 12 years as its Treasurer and then for 3 years as Chairman. He has been a member of the Aerospace Medical Association (AsMA) since 2000 and was appointed a Fellow of the AsMA in 2013. He served as Chairman of AsMA's Air Transport Medicine Committee for 4 years from 2011 to 2015 and was a member of the AsMA Mental Health Group. He served as President of the Airline Medical Director's Association from 2018–2019. He was also a member of the European Society of Aerospace Medicine (ESAM) Advisory Board and served as the ESAM liaison representative with ICAO. In 2017 he co-authored a chapter in Professor Robert Bor's latest book on 'Pilot Mental Health'. He was also much involved with the development of Peer Support Groups both for Airline Pilots and for Aviation Medical Examiners.

Dr. Hudson recently retired after over 40 years as an AME, announcing this during the Kidera award ceremony: "To have my name added to the previous winners of this award is very humbling, but there could not have been a better way to finish my 45-year career in Aviation Medicine. This has been immensely rewarding and I am pleased to think that I have made a contribution to this amazing and important scientific discipline. In this I have had enormous and dedicated support from my wife Sue, who has also enjoyed the journey with me. This would not have been possible without her."

### NOMINATE A COLLEAGUE FOR AN AsMA AWARD!

**The deadline is January 15!**

The Award Submission Site is open for nominations. Log in to the Members Only section of the AsMA website: [www.asma.org](http://www.asma.org). On the left menu you will find a link to the online award nominations system.